

WELCOME!



Ryan Zabawa, LPS Director of Student Services
Andrea Phillips, LPS Mental Health Coordinator
Allyson Headrick, LPS Safety Social Work Coordinator

Mental Health Supports

Summary of Mental Health Supports funded:

- Threat Assessment
- School-Based Mental Health Therapy

NOTE: The interlocal agreement funds a portion of the mental health support LPS provides which is what we will cover today.

Threat Assessment Team

Security Coordinator - Jon Sundermeier

Safety Social Work Coordinator - Allyson Headrick

Safety Social Worker- Kristi Lange

Lincoln Police Department - Investigator Nate Hill

Violence Prevention Psychotherapist-Liesel Hogan

Threat Assessment Team

- Primary function: assess and manage targeted violence risk
- Help students and families to maintain community safety
- Support students, families, and school staff:
 - Creating safety plans
 - Engaging families in services
 - Aligning school supports
 - Continuity of care
- Partnership with Lincoln Police Department
- Aligned with national standards on targeted violence management
- Value professional networking and professional development

Referrals to the Threat Team

- ✓ Select Incident Type
 - Abuse/Neglect
 - Domestic Violence
 - Mental Health Crisis Response
 - Other Incidents
 - Self Harm/Injury
 - Sexual Offending Concern
 - Stalking
 - Suicide Risk
 - Suspension/Expulsion Report
 - Violence Risk Concern

- The majority of the referrals are initiated by the schools directly to the team.
- Report is documented into an Incident Report System.
- Top 3 areas: Violence Risk Concern, Sexual Offending Concern, and Other incidents



Safe to Say
Report a Safety Concern or Tip



Safe2Help Nebraska - 833-980-7233
Safe2Help, Nebraska, United States
531-299-7233 | www.safe2helpne.org

Safe to Say

Safe2Help

- **Non-Emergency Safety Concern or Tip**
- Collaboration with Student Services and Security Departments.
- Students, parents/guardians, staff or community members
- Anonymous reporting available.
- On all student chromebooks and on LPS homepage

Allyson Headrick & Kristi Lange

- Safety Social Workers:
 - clinical case management
 - monitoring
 - safety planning
 - system capacity building
- Coordination of additional mental health services
- Assist with safety planning and managing safety concerns

Threat Assessment Team

Behavioral Health Support

Violence Prevention
Psychotherapist

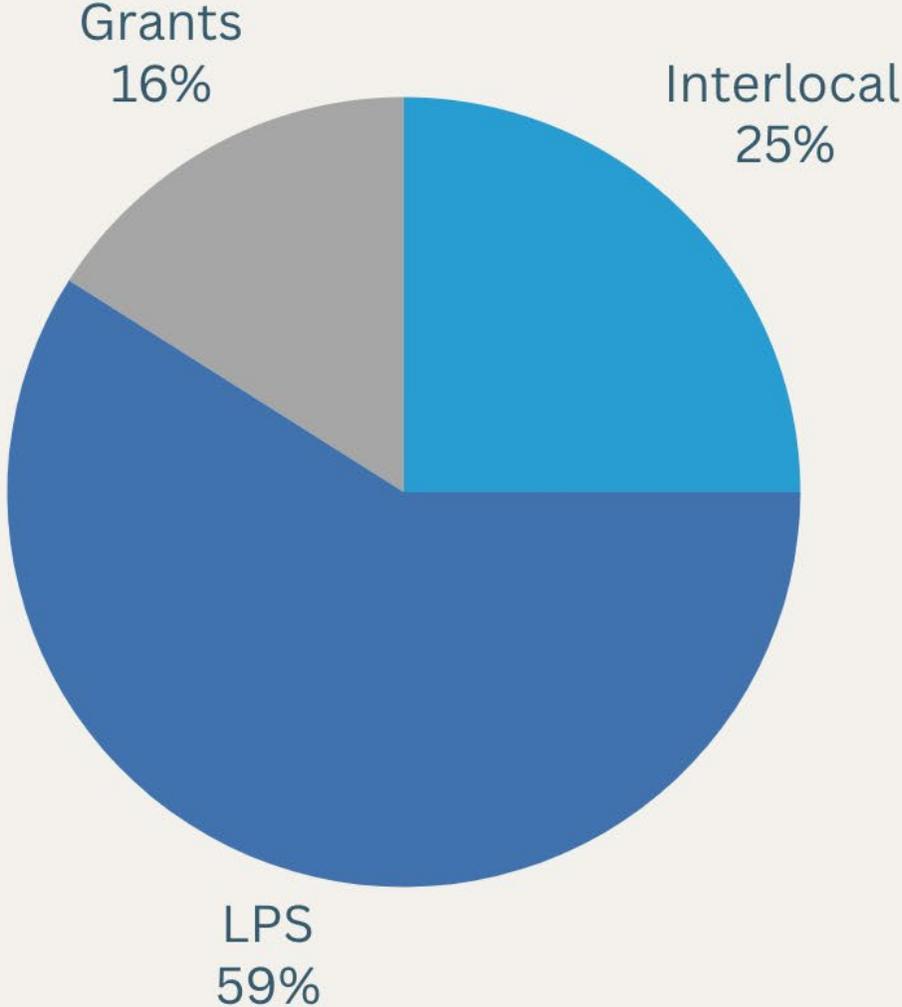
- Specialization in violence prevention and management of targeted violence.
- Eliminate barriers for behavioral health supports for students.
- Change allows for alignment of therapeutic practices.
- Consultation, crisis intervention, social skills training, psychoeducational and therapeutic intervention.



LPS - Community Agency Therapists' Collaboration

CONTRACTED THERAPY

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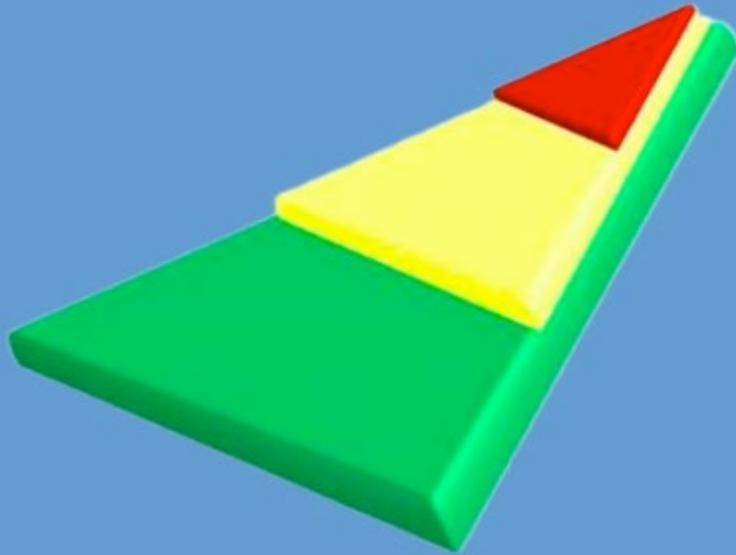


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Candidates for School-Based Therapy

- Significant life stressor(s)
- Disruption in multiple life domains due to stressor(s)
- Mental health symptoms
- Lower level interventions have been tried
- Barriers to participation outside of school
- Willing to participate

Therapy is part of MTSS-B



School-Based Therapy

- Therapists work with students during their school day
- Social workers use data to manage referrals
- We integrate community mental health supports within MTSS-B tiers
 - Tier one (for everyone)
 - Tier two (skill building)
 - Tier three (individualized)
- Mental health support positively impacts behavior

Blue Valley Behavioral Health

Youth Assistance Program

- 20 schools served
- 244 students
- 2,103 therapy sessions

Traditional Therapy

- 10 schools served
- 123 students
- 2,383 therapy sessions



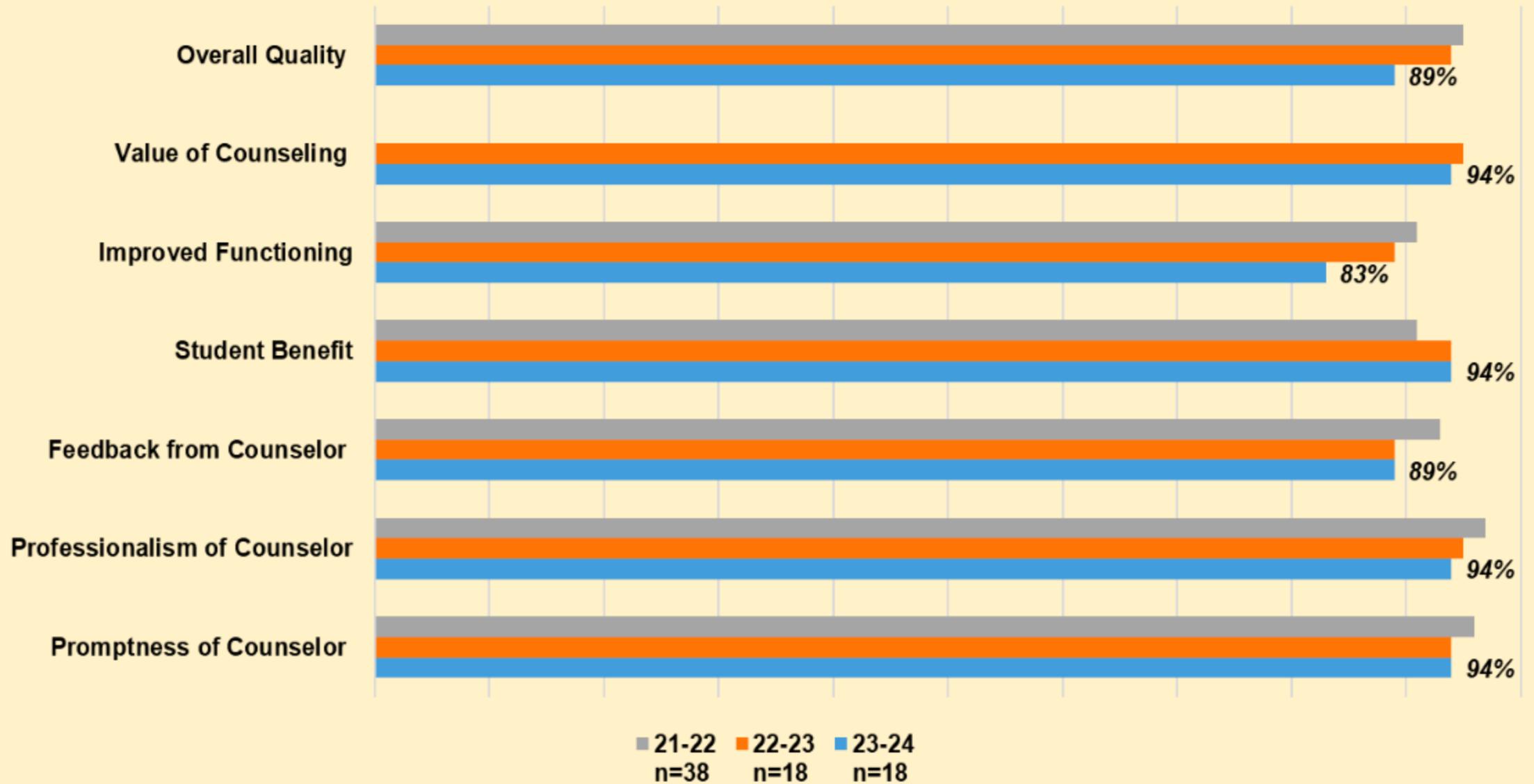
Blue Valley Behavioral Health

Threat Assessment / Student Support

- Evaluations, short term interventions, and ongoing therapy
- 16 students served in therapy (1st semester)
- 74 students served through SAMI



LPS- School Based Therapy Satisfaction Survey



Family Service

- Therapy at Arnold, Brownell, Calvert, Norwood Park, Randolph and West Lincoln
- 90 Students served
 - 1,142 direct individual hours
 - 589 indirect hours
- 58 Family Sessions
- 75% successful closure rate



HopeSpoke

- Therapy at Lux, Goodrich, Pershing and Lakeview Schools
- 35 youth served
- 631 total services provided
- 83.7% of youth demonstrated the same or improved daily living (DLA-20 outcome measures)



Inspiring Children & Families to Move Forward

Students Served Through Interlocal

	Students Served Through Interlocal				
	Blue Valley (YAP)	Blue Valley (Threat Assessment/ Student Support)	Family Service	HopeSpoke	Students Served
23-24	244	16	90	35	385
22-23	216	19	82	33	350
21-22	240	16	106	34	396
20-21	230	15	143	34	422
19-20	143	28	95	30	296
18-19	165	17	45	27	254

Community Partner Agency

Staff Quotes

- We would love more time - we can always fill the caseload!
- I think the program is done very well.
- I think YAP is a great service and very beneficial.
- I wish that we could have more BVBH staff come to our school! We enjoy the services, and I see the benefits for our students.
- Our counselor does a great job and has strong impact on our students.

Community Partner Agency

Student Quotes

- I am able to cope with my anxiety easier
- I have learned good communication skills
- I'm not getting so angry
- I learned how to take initiative in situations I normally wouldn't have before
- I learned how to put up boundaries with adult figures and people in my life
- It helps me figure out how to handle upsetting situations without getting in trouble
- Taking small steps towards better habits for myself mentally and physically
- Knowing the reasons as to why I feel a way or why something triggers me helps to prevent it

Community Partner Agency

Parent/Caregiver Quotes

- He has learned how to regulate his emotions
- It is a great comfort to have a long-term counselor who genuinely listens to, educates and respects my daughter
- Learned how to communicate better when he is upset
- He uses all of the techniques to help him calm down without blowing up
- She was able to help both of my girls open up to us
- Her attitude has gotten so much better at home
- She listens
- He's been more open with communication at home and hasn't been acting out as much

Thank you for all you do to support students!

Ryan Zabawa, Director of Student Services

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